



Stiftung Mayday

Its program, its structure, its numbers

Workshop, programa de apoio a pilotos
ANAC, Lisbon, May 15, 2019

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The Purpose of Stiftung Mayday

- Supporting **flight license holders** and next of kin in need
- Supporting **flight crews** and next of kin after incidents and / or accidents

Definition Critical Incident

- A **critical incident** is an incident, which is felt to be life threatening for him- or herself, or a person near by.

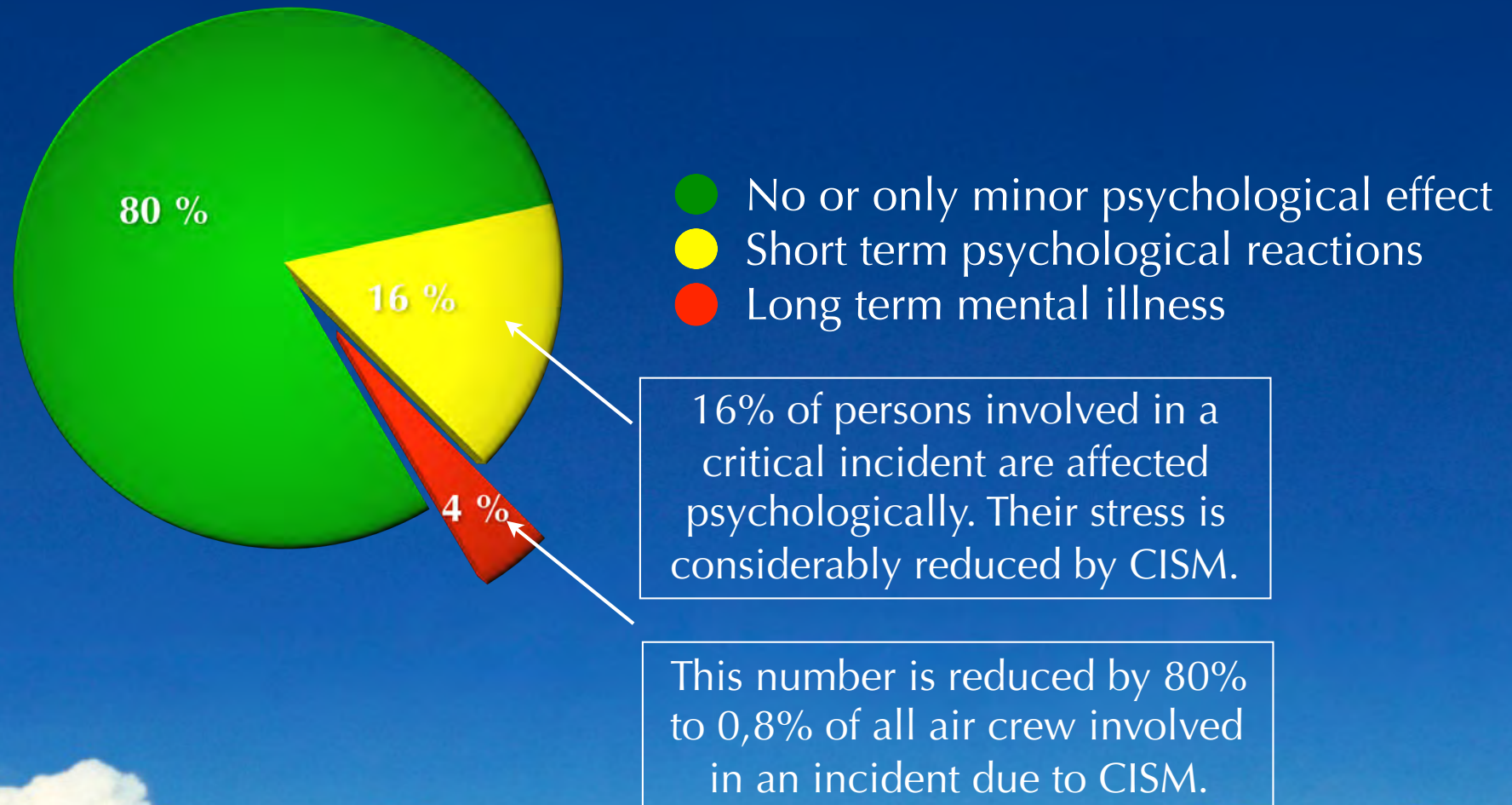
Problem

- A critical incident can cause so much stress that normal human coping mechanisms can fail.

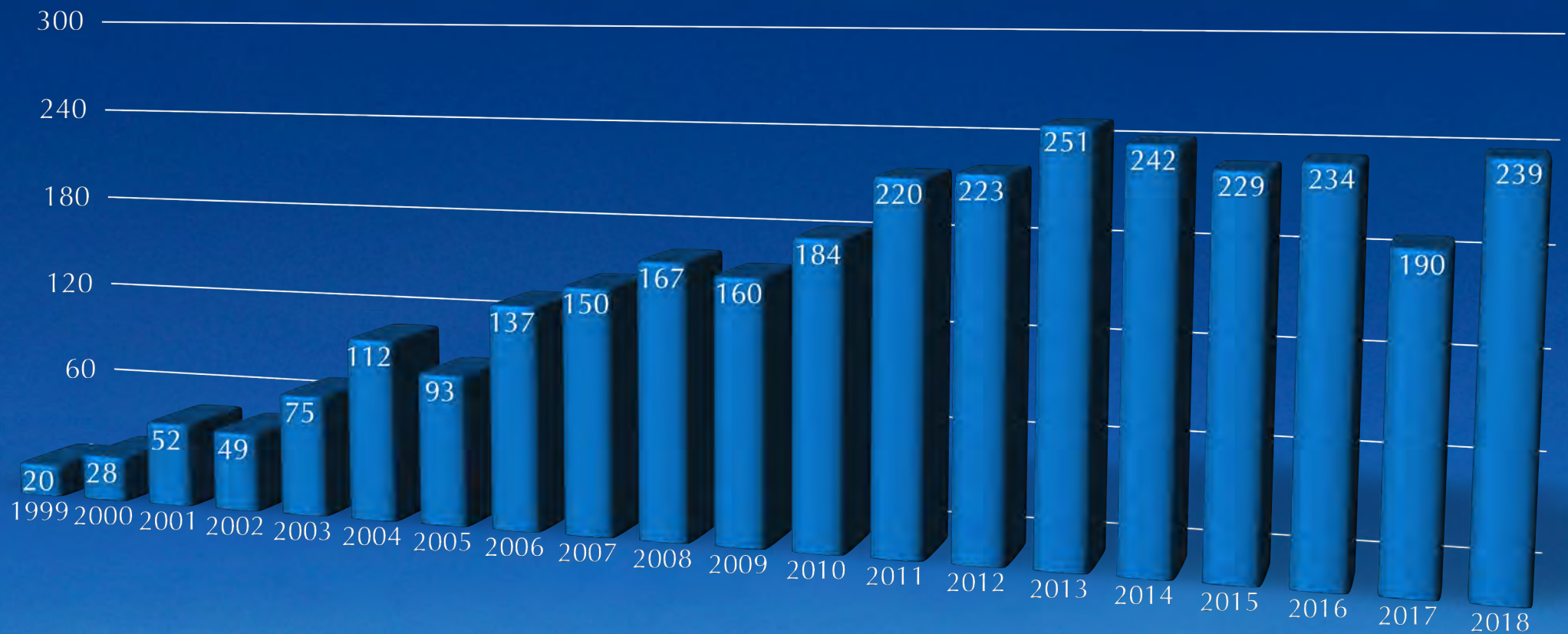
Main Task for Crisis Intervention

- Support persons to handle their **reactions** to the crisis.

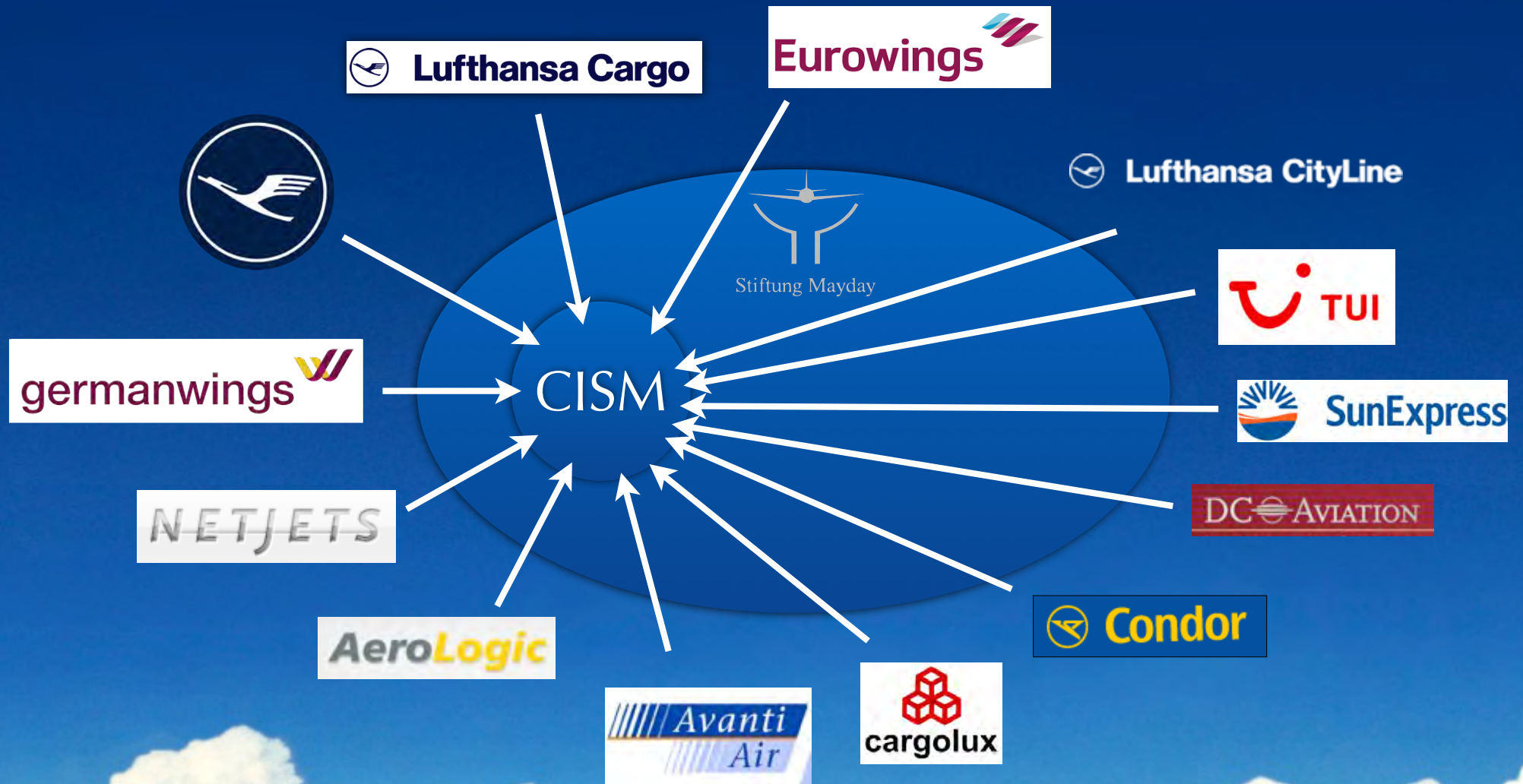
Statistics showing the effects of support after a Critical Incident



Number of CISM-cases covered



CISM within Stiftung Mayday

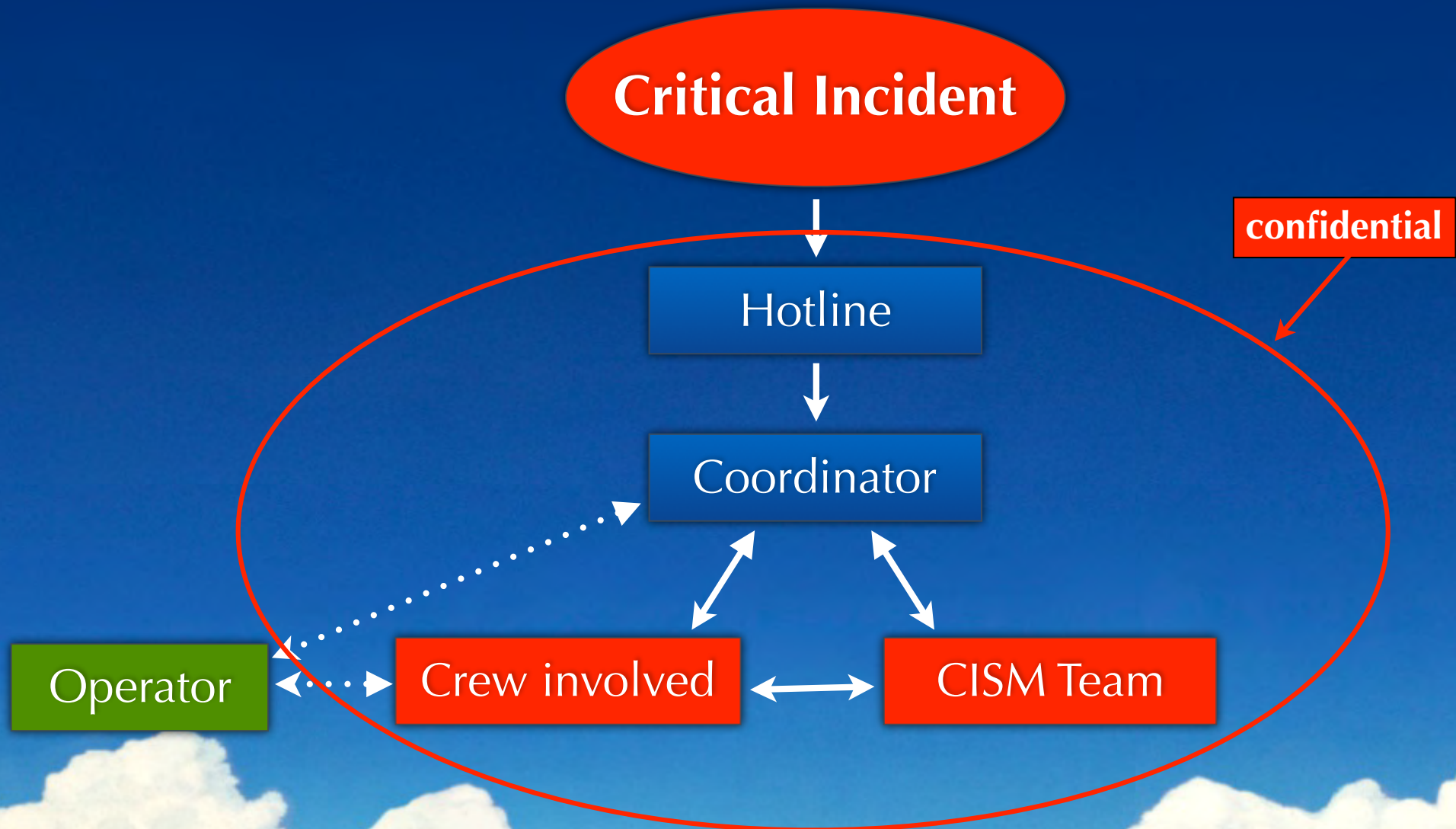




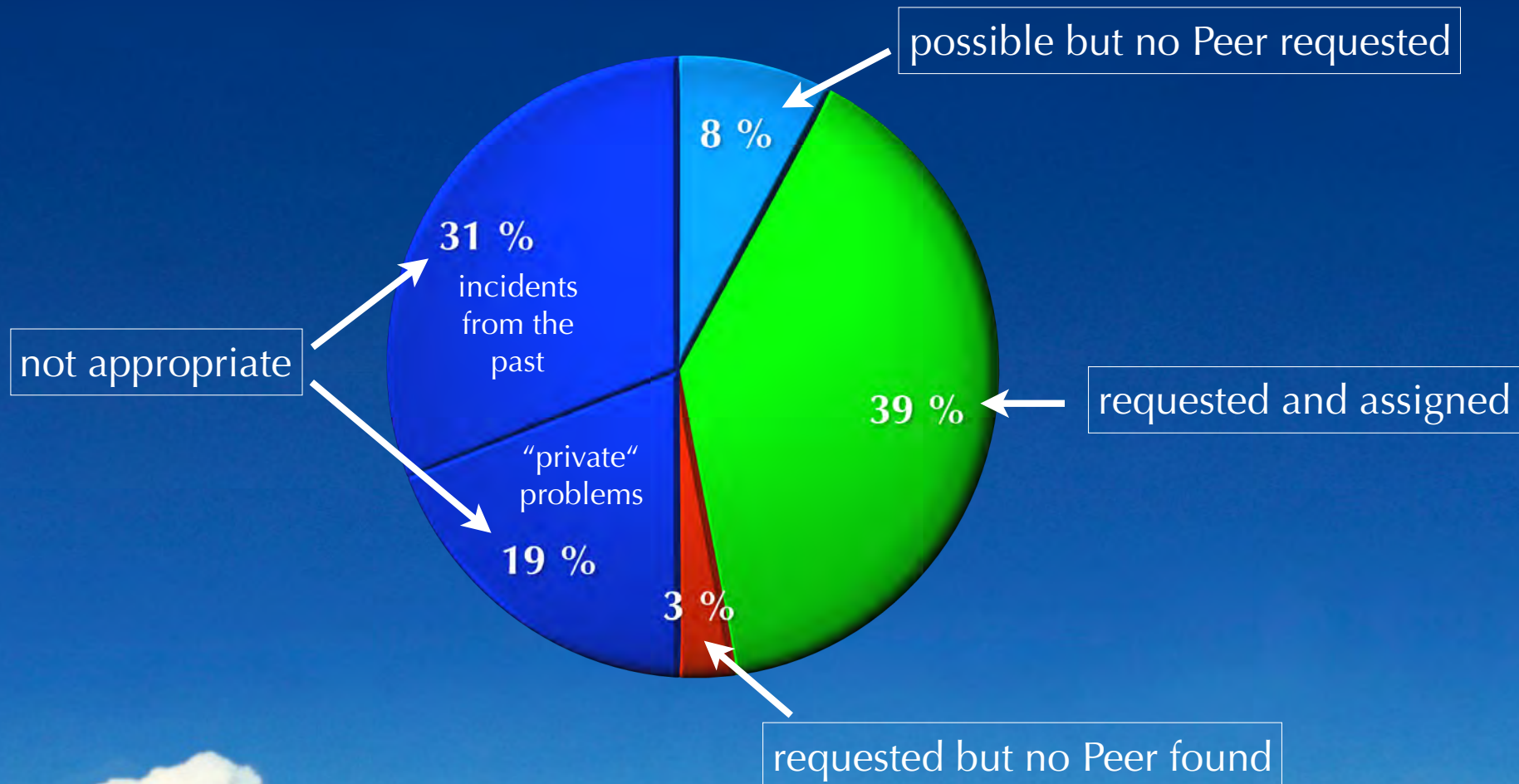
CISM-Network



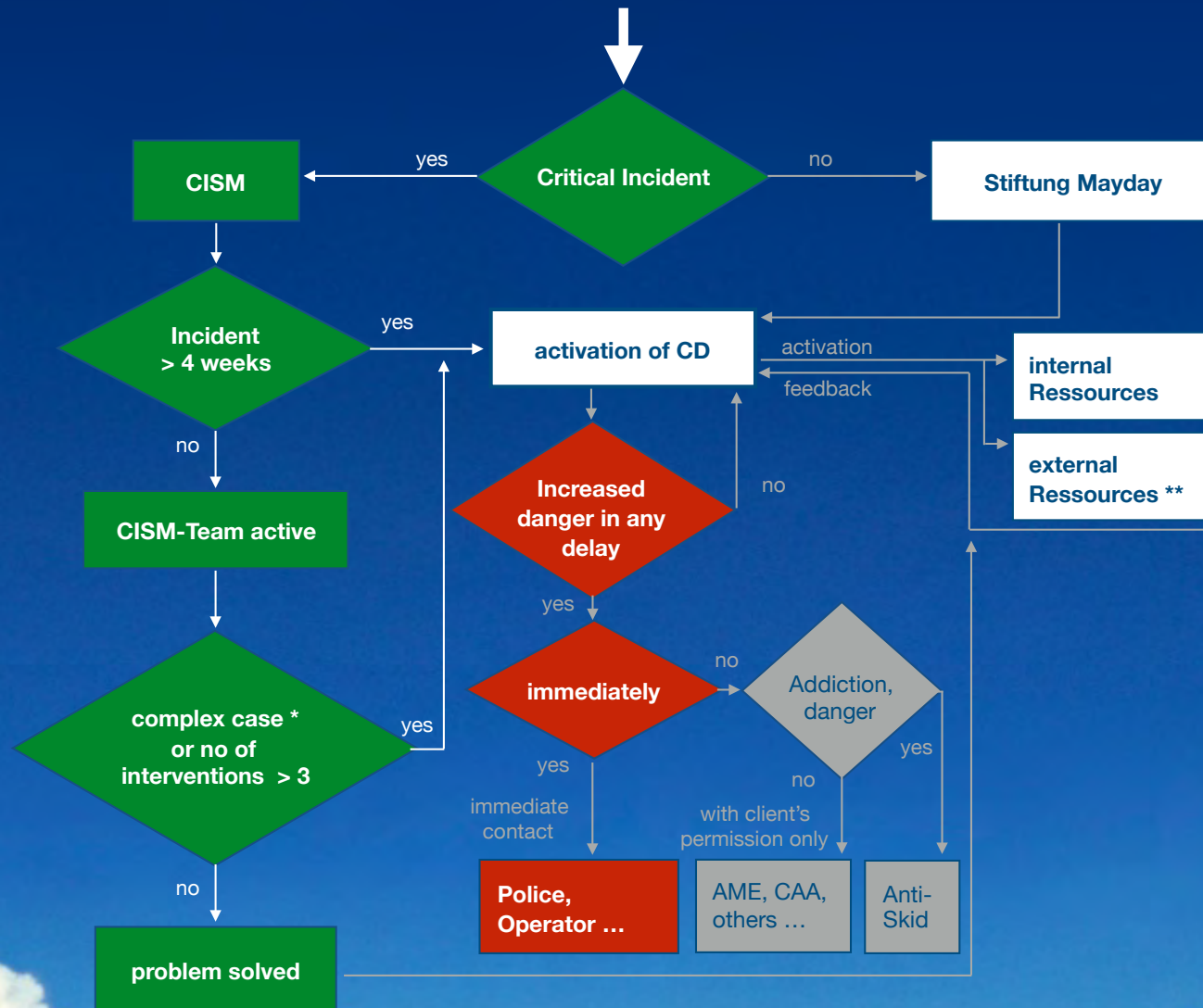
Intervention Process



Utilization of CISM-Peers



Role of a Coordinator



Toolbox

	directly after the event	~ one week later	later (> 4 weeks and/or complex)
One Crew- member			
One Crew			
Several Crews			

Toolbox

	directly after the event	~ one week later	later (> 4 weeks and/or complex)
One Crew- member	SAFER-R Family-CISM		Mayday Model Referral
One Crew	Defusing sCMB	Debriefing sCMB	Debriefing Referral
Several Crews	CMB, RITS strategic planning		strategic planning

Cases

	directly after the event	~ one week later	later (> 4 weeks and/or complex)
One Crew- member	Critical Incidents		Wellbeing Substance abuse
One Crew			
Several Crews	Tsunami, Terror, Significant Accidents ...		

Number of Cases

	directly after the event	~ one week later	later (> 4 weeks and/or complex)
One Crew-member	~50%		~50%
One Crew			0%
Several Crews	< 1%		

People involved

	directly after the event	~ one week later	later (> 4 weeks and/or complex)
One Crew-member	~40%		~10%
One Crew			0%
Several Crews	~50%		

Working Hours Spent

	directly after the event	~ one week later	later (> 4 weeks and/or complex)
One Crew- member	~20%		~70%
One Crew			0%
Several Crews	~10%		

Pilot's wellbeing

Pilot's population



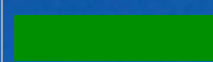
Prevention programs



AME, Health System ...



Legend



Heathy and well



Questions, complex life situations, problems



Physically and/or mentally sick

The CISM-Team

- 216 Peers
- 23 Coordinators
- 35 Mental Health Professionals
- 1 Clinical Director, 2 deputies
- Organisation- / Airline-representatives

The CISM-Team

- 216 Peers
 - 62 Privat pilots (single- and multi engine)
 - 32 Glider pilots
 - 11 Military pilots
 - 12 Helicopter pilots
 - 6 Skydivers
- 23 Coordinators
- 35 Mental Health Professionals
- 1 Clinical Director, 2 deputies

Languages available

- Afrikaans
- Arab
- Bulgarien
- Danish
- Dutch
- English
- French
- German
- Greek
- Hebrew
- Indonesian
- Italian
- Japanese
- Luxembourgian
- Macedonian
- Persian
- Polish
- Portuguese
- Russian
- Swedish
- Sign (language of gestures)
- Spanish
- Turkish

Balance CIS

Costs	482.500 €
Fix	145.000 €
Training	100.500 €
Personnel in training	147.000 €
Supervision	90.000 €
Savings	2.646.000 €
Short term sick leave	846.000 €
Long term sick leave	1.800.000 €
Balance	2.163.500 €

Thank you!
Any questions?

Stiftung Mayday

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