

A photograph of an airplane wing against a sunset sky. The wing is on the right side of the frame, and the sky transitions from a light blue at the top to a warm orange and yellow at the bottom. The wing is dark and silhouetted against the lighter sky.

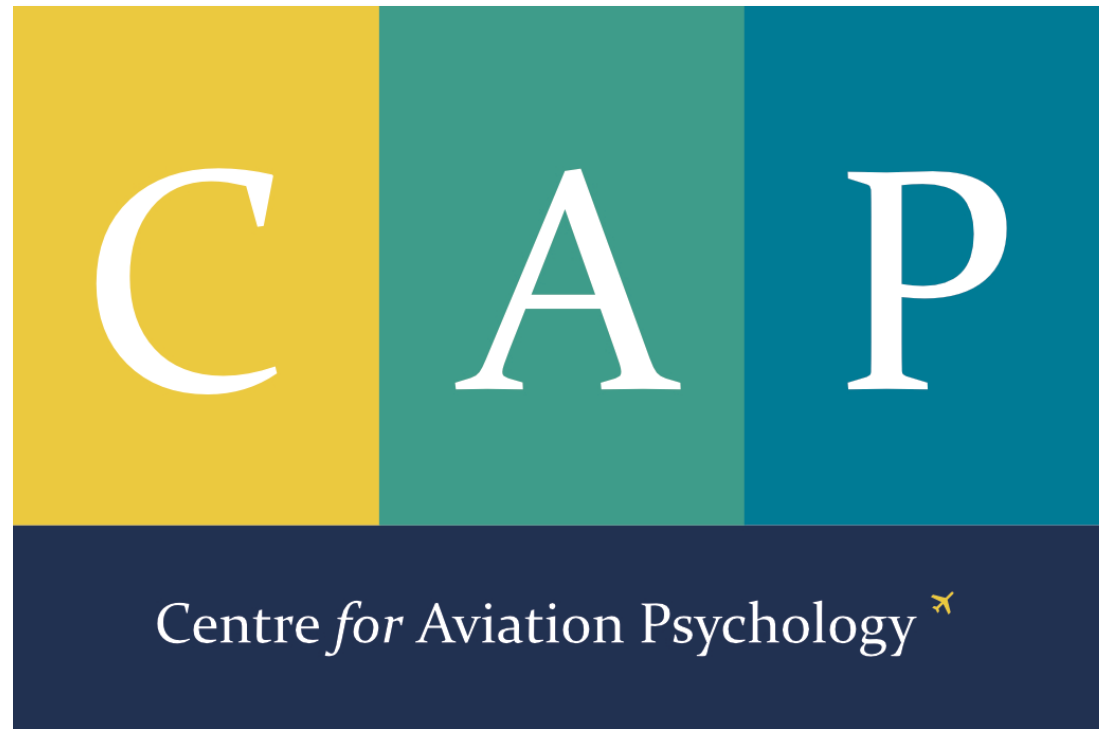
Programa De Apoio A Pilotos:

Our answers to most frequently asked questions

Prof Rob Bor & Aedrian Bekker
Clinical & Aviation Psychologists

Centre for Aviation Psychology
www.centreforavationpsychology.com

Lisbon 15th May 2019



Founders: Prof Rob Bor & Aedrian Bekker
CAP Portugal: Cristina Albuquerque & Catarina Cunha

© Centre for Aviation Psychology 2019

Centre for Aviation Psychology ✨

CURRENT AOC CLIENTS



Business Aviation
PSP
www.cappsp.com

Moving on from Germanwings

(pilot) mental health & psychological wellbeing in the spotlight more than ever...

peer support programmes have a unique contribution to make

And credit to the pioneers before us:

- PSPs in US, Oz, SA & especially Germany
- Most importantly, the pilots themselves!



Our PSPs

- Customised to each AOC's requirements & culture
- Covering 17,000+ pilots in 9+ AOCs
- Speaking 8 languages across 11 countries

The questions we are most frequently asked about Pilot Peer Support Programmes (PSPs)

- What are the most essential features of a PSP?
- Typical reasons for pilots using a PSP?
- PSPs just for pilots? What about ATC, Engineers, Cabin Crew
- Scale and size (and the smaller operators e.g. BizAv)
- Confidentiality vs public safety?
- Escalation routes?
- Role and limitations of a peer?
- ...and the mental health professional?
- ...and the operators, unions and regulator?
- What about accountability and governance?
- What does peer selection & training involve?
- How can pilots access this service i.e. usability
- Peers supporting peers...how complicated can it be?
- Risks?
- As well as staff welfare, what value do PSPs give operators?
- What about GDPR & Data security
- What are cost factors...and who pays!?
- Other questions??

© Centre for Aviation Psychology 2019



Essential Features

- Independent & confidential
- Professionally run & supported
- Easy to use (& good value)
- Risk management vs. return on investment

CAP✈

JOIN NOW

Peer Support Programme *for* business aviation

HOME

FAQ

ABOUT CAP

CONTACT

Helping you meet your regulatory requirements

By 2020, all European AOCs are required to provide their pilots with access to peer support programmes.

Launching mid 2019 with opportunities to JOIN NOW

Our programme is designed for business aviators, irrespective of location, size, aircraft type or business model.

Managed by *the* world experts in pilot mental health

The Centre for Aviation Psychology offers the governance, resources and economies of scale typically enjoyed by larger AOCs.

www.cappsp.com

© Centre for Aviation Psychology 2019

Centre *for* Aviation Psychology ✈

A photograph of an airplane wing and tail section against a sunset sky over a sea of clouds. The sky transitions from a pale blue at the top to a warm orange and yellow near the horizon. The clouds below are illuminated from below, creating a shimmering, textured appearance. The airplane's tail fin and horizontal stabilizer are visible on the right side of the frame.

Thank you

Centre for Aviation Psychology
www.centreforaviationpsychology.com

www.cappsp.com